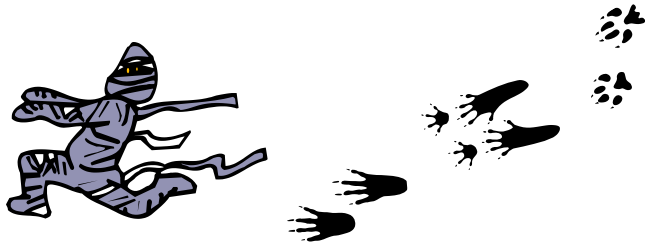


Barnabas House Monster Dash 5K



This is a costume theme run!
Run as your favorite monsters, superheroes, etc. and enjoy
this FUN RUN 5K.

Date/Time/Location

Date: Saturday, October 12, 2013
Time: 5K Race/Walk starts at 8:00 a.m.
Location: University of Arkansas at Little Rock (UALR) Campus Trails – Race will begin in Parking Lot 13
(Parking Lot 13 is the parking lot next to the Jack Stephens Center, From I-630 East or West, take the University Avenue exit and proceed south. At the intersection of University Avenue and 28th Street, turn left. The Jack Stephens Center and Parking Lot 13 will be on the left.)

Registration

- Pre-Registration cutoff date – October 4, 2013 at 4:00 p.m.
- Online Registration at <http://monsterdash5k.webstarts.com> (An additional fee will be charged for online registration)
- By Mail: Barnabas House 5K
2415 Fair Park Boulevard
Little Rock, AR 72204

If mailing forms:

- Each individual runner/walker is required to fill out a form.
- For families, each individual family member (*runner/walker*) is required to have a completed form. Please staple each individual family member's form together with payment.

Entry Fees

- Registration fees through October 4, 2013 at 4:00 p.m.
 - \$25.00 per runner/walker
 - \$15.00 per UALR student runner/walker (*Student ID number required on entry form below and to be presented at registration desk on race day*)
 - \$50.00 for family of 3 (*\$10.00 for each additional family member*)
- Registration fee after October 4, 2013 at 4:00 p.m.
 - \$35.00 per runner/walker (*For race day registration, we cannot guarantee a race day t-shirt.*)

T-Shirts

- T-shirts will be given to all registered walkers/runners that pre-register before or up to October 4, 2013 at 4:00 p.m.

Early Race Check-In and Packet Pick-Up

- Packets can be picked up on Friday, October 11, 2013 at Oak Forest Methodist Church (*2415 Fair Park Blvd, Little Rock, AR 72204*) parking lot from 4:00 p.m. – 6:00 p.m.

Race Day Check-In & Registration and Race Day Start Time

- 7:00 a.m. – 7:45 a.m. Race Day Check-In & Registration
- 8:00 a.m. – Race Day Start

For Additional Information, please contact: mehoskin@ualr.edu

PLEASE PRINT LEGIBLY

First Name: _____ Last Name: _____ Age on October 12, 2013: _____

Address: _____ City: _____ State: _____ Zip: _____

Category (circle one): Runner Walker Gender (circle one) Male Female Date of Birth: ____/____/____

Telephone: () _____ - _____ E-Mail Address: _____

Race T-Shirt Size (circle one): YS YM YL S M L XL Emergency Contact: _____

If UALR Student, Student ID# _____ (Name) _____ (Phone#) _____

I do not wish to participate as a runner/walker and receive a t-shirt, but I would like to make a donation of \$ _____

Waiver and Release:

For and in consideration of the acceptance of my registration to participate in the Barnabas House Monster Dash 5K Race/Walk scheduled for Saturday, October 12, 2013, I hereby waive, release and discharge in advance Oak Forest Methodist Church, UALR, their members, sponsors, officers and all persons acting in concert with them from any and all claims which may hereafter accrue to me or my heirs or to any other person(s) as a result of my participation in this event. I represent that I am in good physical condition and that I have sufficient skill and experience to safely complete any competition, which I choose to participate in. I also understand that my entry fee is nonrefundable.

Signature (*Signature of Parent or Guardian if Under 18*) _____

Date _____

For Race Official Use Only

Bib No.	Date Received:	Entered in DB:	Amt. Paid: \$	Check No.
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